

FINGER EXERCISES

- Perfection
- Connect Four (travel size)
- Putting money in a bank
- Using coins to flip over and collect in one hand
- Coloring with broken crayons
- Dot to dot
- Mazes
- Hidden pictures
- Coloring books
- Magna Doodles
- Silly Putty – using one hand – squeeze, roll, create balls
- Playdough or Putty – hide tiny beads for him to find and pull out
- Tong Games – Thin Ice
- Water bottles
- Drawing activities
- Water guns
- Pegs in pegboards – follow a pattern
- Squeezing a ball
- Stretching a therapy band with fingers
- Clothespins
- Ball exercises – different sizes and textures – practice catching, bouncing...
- Tiny legos
- Bean bags
- Lacing cards and beads

GAMES ACTIVITY CHECKLIST SHEET

LEGOES
sort by color
create an ABAB pattern
create an ABCABC pattern
create an ABBABB pattern
roll dice, count, and take legoes
create different size towers to introduce ordinal numbers
create different size towers to create a bar graph
create different size towers to use terms tallest, shortest...
LAUNDRY
sort lights and darks
sort socks, shirts, pants, dresses...
find shirts with buttons
find short sleeve shirts
find long sleeve shirts
match and fold socks
find solid pieces of clothing
find clothes with stripes
fold towels
assist putting clothes in washer
assist folding clothes
count clothing
label and identify colors of laundry items
COOKING ACTIVITIES
introduce terms ingredients and cooking equipment
label ingredients and utensils
show your child the written ingredients on box and/or cook book
use terms first, next, last in sequencing the steps
allow child to participate in stirring, measuring
suggested cooking ideas - pudding, jello, pancakes, french toast, cakes, bread
LITTLE PEOPLE
label and identify pieces of equipment - car, girl, boy, tree
use positional words - between, in front of, next to, behind, above
use pronouns he, she, they
give the child directions using positional terms ex. Put the girl next to the car
use adjectives to describe the pieces ex. Red car, blue bike
count the pieces
sort objects ex. Cars, people, food
ANIMALS
sort animals - farm animals, jungle animals, pets, dinosaurs
count animals
discuss the function of farm animals - ex. Cows give milk, meat, leather
Introduce the globe by discussing where jungle animals actually come from
label and identify animals

GAMES ACTIVITY CHECKLIST SHEET

label and identify the terms for baby animals ex. Baby horse is a foal
playing with animals use positional terms
BOOKS
use the terms author, illustrator, setting, characters
point to the question marks, comma, exclamation point, quotation marks...
introduce terms fiction and non-fiction
allow the child to predict what will happen in the story based on the cover
introduce simple wh questions - who, where, what, what doing
allow the child to summarize the story after it is read
ask the child what their favorite part of the story was
introduce your child to the library
attend storytime at the library
introduce the child to ABC, number, shape, color books
introduce the child to nursery books
introduce the child to non-fiction books such as community workers, animals
introduce the child to opposite and rhyming books
PLEASE MODEL FOR THE CHILD THE ANSWERS IF NEEDED!
PERSONAL INFORMATION
use the calendar to discuss and reinforce their birthdate
review their address
review their phone numbers
review their age
review their first, last, and middle name
practice spelling and writing their full name
CLOTHING
child to pick with parent the clothes to wear
child puts on clothing
practice putting on shoes
introduce and review right and left
turn coat, shirts, pants inside out so child has to fix
putting on and zippering their jacket
putting on mittens and gloves
CARD GAMES
sort and match the numbers and face cards
play war without the face cards
using the number cards and candy - work on 1 to 1 correspondence
play gold fish
label and identify numbers
introduce the concept of which number is larger 6 or 3
PLAYDOUGH
hide tiny objects such as beads and buttons for child to find
roll into a snake cut into pieces with scissors

GAMES ACTIVITY CHECKLIST SHEET

use cookie cutters with playdough
create objects such as trees, pumpkins, apples
create balls, flatten like a pancake
mix colors with playdough - red and yellow create orange
BALL EXERCISE
practice bouncing
practice throwing and catching
practice rolling
practice dribbling
HAND FINGER IDEAS
cutting with scissors
stickers
tongs
tearing paper
drawing with markers, pencils
painting with water colors, dot markers, tempera paint
art project with using glue and glue sticks
BOARD GAMES - ALWAYS MODIFY THE RULES FOR SUCCESS
Candyland - to play take out the picture cards use only the color squares
Memory - as you play remind the child what and where each picture is
Thin Ice - great for fine motor and turn taking
Farm Families
Scrambled Eggs
Barnyard Bingo
Squiggly Worms
Hullabaloo
Perfection
Lucky Ducks